

# The Connector

Connections Place

**Spring 2024** 





**Aylin Hurtado** 

### Welcome our new staff!

"I'm Aylin! I have a Bachelor of Arts in Sociology and a Bachelor of Health Sciences in Public Health from the University of Lethbridge. My educational background, my experience as an immigrant, and my own journey towards mental wellness has taught me the importance of community and connections. Through my work, I strive to help people feel valued, respected, and empowered."

Paige is excited and grateful to join the Connections Place community. Paige originally hails from California but has lived in BC since 2017 and in Victoria since September 2023. After completing her studies in English and Psychology, she worked in the book publishing industry, at a vegan restaurant, and as a literacy mentor for vulnerable youth in Vancouver's Downtown Eastside neighborhood. At Connections Place, Paige hopes to draw on her own lived experience with depression and anxiety to connect with and support members. She is passionate about building community and is eager to learn from the folks she works with. Outside of work, Paige loves to read, cook, rock climb, crochet, sing with her choir, and pet as many dogs as she possibly can.



Paige Wallace



# Poem by Marilyn Irwin A Genius

William Kurelek was a genius yes,
though he had been placed in a mentally ill class,
his story goes back to an English hospital
when they gave him the mentally ill label,
with his anxiety and depression they wanted him to
have a healthy expression,
but his work was so brilliant that it should be known
that it stands all in its own.



## **Programming Updates:**



What: Paper Latern Making What: Weave Your Own Bowl

Where: The Clubhouse Where: The Clubhouse

When: February 15th from 4-6 pm When: February 22nd from 4-6 pm

What: Chinese New Year Parade

Where: Meet at The Clubhouse When: Sunday February 18th 11 am



#### Member Highlight!





We would like to take a moment to showcase one of our esteemed members, Mike P. Mike has been with Connections Place from the start and has contributed exceptional work to both our Business and Kitchen Units. He visits the Clubhouse frequently and attends all of our social events. We could not be more proud of your accomplishments, Mike!

Why did the Skeleton break up with her boyfriend right before Valentine's Day?

Her heart wasn't into it.



#### **Recent Programming:**



Masquerade Party!



Bowling!



Ted Talk and Chill!

Decorating Flower Vases!

Elf by Yvonne T.



**Art Submissions:** 

Hearts by Karen B.



Photography by Dan





Want to be highlighted or feature your submission in a future newsletter? Email us at info@connectionsplace.org

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