

# The Connector

June 2023





# We Are Home!



My first day at the new Clubhouse on Douglas and Herald Street. Thank you so much for opening the new Clubhouse! Lunch was a Mexican salad that was very tasty created by Leah and the Kitchen team. Nice to see everyone again and hope that more members come here for support and fellowship. I have been volunteering with the Our Place Society and I have been dreaming about how I can support myself after retirement being that I just turned 63 years of age. Hopefully I will still be working part time somewhere, maybe in a new job. Maybe in mental health, maybe with seniors, hopefully being able to incorporate Literary Arts, which I am interested in.

How and where I can contribute to build a caring society using my gifts and talents. I need to knock on some more doors to find out where I can contribute. I do have a passion to help bring young adults to visit seniors in a care facility. What about you? What are your hopes and dreams? What kinds of activities would you like to explore and get involved with?

How can we support each other?

- Bill B., May 29th, 2023

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#### Message from Mike T.:

Please join me in congratulating Neelam on her promotion to Program Rick's Pic: Manager. Neelam has displayed exemplary leadership in our Clubhouse through our recent move and beyond!

#### Message from Neelam:

I'm very humbled by this promotion! Through my time at the Clubhouse, I've grown my own confidence and feelings of acceptance. I've been connecting more with my journey through mental health challenges,

and developing my personal story through it too. Balancing my personal and professional experience can be a delicate art, and I'm so inspired by you, my colleagues! I'm currently spearheading our recruiting drive for new staff and leading the charge to develop Transitional Employment. I'm so glad to be a part of the Clubhouse:)





Good news, everyone! New Staff at The Clubhouse

We have been hard at work selecting some new staff to join our team here at the Clubhouse. You will start seeing some new folks around the Clubhouse - let's all give them a warm welcome!

# **Programming Updates**

#### June Weekend Social



What: Picnic at Beacon Hill Park Where: Meet at the petting zoo

**When:** Saturday, June 17th from 1pm - 4pm

Description: we will meet at the petting zoo, find a spot to lay down blankets, and share snacks and stories. Bring your own snacks, blankets, and stories!

### **Decision-Making Meeting**

Decision-Making Meeting is a very important part of the Clubhouse. Members and staff come together to discuss ideas, updates, and ways to help the Clubhouse grow. Every Thursday at 2pm, please join.

### **Book Club**

Book Club is now on Wednesday afternoons. A new book is selected every 6 weeks. Please join:)

## Interested in Cycling?

Rod Marsh is asking if anyone would like to make a cycling club!? Are you interested? Let Rod know in person or ask a staff to get you in Contact!

Summer is HERE!

#### June is Pride Month!



Happy Pride, everyone!

If you're wondering why Pride Month is June; the Stonewall Riots, a landmark moment in LGBTQ2S+ history were 54 years ago this month.

To celebrate our LGBT+ and Queer members, staff, friends, family, and more, we've put up a wall of pride flags. It's not a complete set (that would be hundreds of flags!) but it's a lot of the more common flags, as well as flags that represent people in our Clubhouse Community. Feel free to add your own, if it's missing.

Peace, love & pride. -Kit



## **OPEN HOUSE**

We are thrilled to announced that we are hosting an **Open House Event Thursday June 22nd from 3pm-7pm.** This is an exciting opportunity for us to invite our donors, the media, members of government, community members and friends and family in to see our new space.
We hope to see you there!



O: What do you call an alligator in a vest?

A: An investigator!



Want to be highlighted or feature your submission in a future newsletter? Email us at info@connectionsplace.org #103-1803 Douglas St, Victoria, BC V8T 5C3

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