



The Connector



MENTAL ILLNESS Wellness



"Growing Connections" Fundraising Gala

November 24th, 2022

We are thrilled to share that our First Annual Fundraising Gala at the University Club of Victoria – Growing Connections – was a huge success! With the help of our community, we raised over \$25,000! We came away from this event feeling so moved by the generosity, benevolence, and support of our community. Thank you to everyone who contributed including sponsors, donors, attendees, MC and speakers, staff, Board of Directors, and members; we simply could not have done it without you!

Publications

Fall

By Shauna K

Fall, Fall, here we are
Leaves changing, leaves falling
Pumpkins, Remembrance Day
Cold crisp mornings
Connections Place continuing to grow
Fall, Fall, then comes winter.

Forgiveness

At the time of this submission I am preparing myself to take a course at Camosun College entitled "Forgiveness, Escaping your own Alcatraz"

At a time when our society seems so fragmented we are in need of a means to sort out our differences more than ever. Just how important is forgiveness? It is very important! Because we all live in a web of relationships with other people, forgiveness is the glue that enables true connection with others

Tune into our next newsletter for an update.

Respectfully submitted by **Rod Marsh**, self-appointed theologian in residence.

"Saviour"

This painting is titled "Saviour" after the impact Connections Place has had on my day-to-day wellbeing and confidence.



It will be displayed at the clubhouse as donated art-currently, it is by the House Meeting board.

Thank you everyone for your continued positivity 😊

-Kit/Sage

Autumn Falls

Autumn falls upon us like the setting of the sun. People getting together and settling in in warmth as the earth fans us with cool fresh air; as the snowflakes crystallize onto rooftops. It is not the end of a year but more the beginning of a new season, a season of joy and love. We will wish our good friends Neelam + Leah a happy birthday and a great year to come, filled with happiness and friendship. Clouds drape over the blue sky like a fort that shelters us. The joy of Christmas coming soon exorcises the ghost and Ghouls of Halloween and clears the air. Nice people gather together at Connections Place to enjoy a safe environment where people care and get along. A place where we are all friends even if we have never met. I wish you all a happy and healthy winter, stay warm my friends.

Kai Edgar

Rick's Pic's



Programming Updates

Transitional Employment



Linda Norman

As of November 23rd, our Clubhouse has secured a Transitional Employment placement with Vanillablossom Flavors in Saanichton. Transitional Employment is a contract between the employer and the Clubhouse. The position is for a Production Worker, and the job is part-time, entry-level, and temporary (between 6-9 months).

Once the placement ends, we transition the member into a job in the community. Transitional employment is a great way to build on skills, increase confidence, and build a relationship with a local business. Linda is the first member who's been selected for the placement, and congrats to her!



Upcoming Social Programs @ the Clubhouse

- **Holiday Decorating** – Dec. 1st, 10:30am-12pm
- **Hot Cocoa + Ornament Making** – Dec. 1st, 5-7pm
- **Music Night | Christmas Caroling**, Dec. 8th, 5-7pm
- **Birthday Bash** | Dec. 15th, 12-12:30pm
- **Board Games Night** | Dec. 15th, 5-7pm
- **Holiday Baking** | Dec. 22nd, 2-3pm
- **Movie Night** | Dec. 22nd, 5-7pm
- **Holiday Lunch** | Dec. 25th, 10am-2pm
- **Boxing Day** | Dec. 26th, 10am-2pm
- **New Years Eve Bash** | Dec. 29th, 5-7pm

BRING YOUR PEEPS!

We warmly request your company at...

Connections Place Open House

December 13th & 14th
10am - 2pm

December 15th
10am - 2pm & 5pm - 7pm
3375 Oak Street

Business Unit – Member Highlight

Hi there, my name is Peter Graff. I've been a member of the clubhouse for about a year and half. During the past month I've spent more time in the business and career unit doing computer related tasks such as creating and updating Word documents, Spreadsheets, Outlook emailing.



Peter Graff

Working in the unit has led to a significant improvement in my mental health. I'm now ready to start the process of going back to work on a part time basis. I'm very thankful for Kat's and Neelam's support and positive feedback.



Tiffani Nygaard

Kitchen Unit – Member Highlight

My name is Tiffani and I have been a member of Connections Place since fall of 2019. The Clubhouse is open Monday - Friday, 8:30am - 4:00pm. I enjoy being part of the Work Order Day by signing up for various duties in the Kitchen & Maintenance Unit. For myself, I like cashiering, putting the laundry in the wash/dryer, rolling cutlery, putting dishes away, and making coffee/filling up the water station.

The cohesive environment in the kitchen is energetic, supported and safe. Staff members, Leah & Gavin have lots of hands-on experience and are willing to educate/teach our valued members.

Contact Details:

Connections Place

info@connectionsplace.org
www.connectionsplace.org
3375 Oak Street, Victoria, B.C.
V8X 1R2
P. 250-483-3748 | F. 250-483-6412

What happened in November when the turkey got into a fight?

He got the stuffing knocked out of him!

